



KentuckyOne Health™

Flaet Memorial Hospital, Saint Joseph Berea, Saint Joseph East, Saint Joseph Hospital,
Saint Joseph Jessamine, Saint Joseph London, Saint Joseph Martin, Saint Joseph Mount Sterling,
The Women's Hospital at Saint Joseph East

Safety Focus: STAR

Safety Behavior: STAR

Trying to save time or rush through a task when things are busy may seem like the right thing to do. Yet this seemingly “safe” move may lead to an unintentional error. That’s one reason why you should take a few seconds to focus on the details at hand using the STAR safety behavior: **Stop, Think, Act and Review**.

Expectation

Pay Attention to Detail

Techniques

STAR takes just a few seconds – actually less when it becomes a habit – and is a simple way for you to check your work or your task.

1. **Stop.** Pause to focus on the patient or task.
2. **Think.** What are you about to do? Plan your actions.
3. **Act.** Complete the task or action as planned.
4. **Review.** Make sure you get the expected or desired result.

Stop, Think, Act and Review is especially helpful to use when you are distracted or tired, when you are running behind or feeling pressured to work fast, and when you are about to do a high-risk procedure or patient intervention.

Tips for Leaders

Reinforce and build accountability by using these leadership methods:

- 5:1 feedback
- Rounding
- Daily Line-Up – discuss safety in your huddles

Point to Emphasize

Work to make STAR a part of your skill-based acts and especially those safety-critical acts.

It decreases your chance of error by more than 10 times!